

# The Nursing Mothers' Room

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Notre Dame of Maryland University • Office of Human Resources  
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## **Mission**

The Nursing Mothers' Room was established to support working families at Notre Dame of Maryland University. This room is a private, quiet and peaceful space to let a nursing mother express breast milk for her nursing child for one year after the child's birth each time such employee or student has a need to express the milk. Be sure to speak with your supervisor about the amount of time you will need to pump your milk, how it can fit into your workday schedule and how you can make up any extra break time that you take.

## **Location**

The Nursing Mothers' Room is located on the third floor of the University Academic Building, room 327.

## **Access and Use**

- The Nursing Mothers' Room is available to both employees and students.
- Nursing mothers may check out a key for up to one year after the child's birth by visiting the Office of Human Resources, Theresa Hall second floor or calling x5898.
- Please respect all the families who need to use this room by keeping the space clean and limiting use to lactation only.

## **Affordable Care Act: Breast pumps, Lactation Services and Coverage**

Did you know that some breastfeeding supplies are considered preventive services under the Affordable Care Act? Please contact United HealthCare's Maternity Support Program at 1-877-201-5328 or [www.myuhc.phs.com/maternitysupport](http://www.myuhc.phs.com/maternitysupport). Precertification is required for some types of breast pump equipment.